MedicalPort

PREMIUM MEDICAL TOURISM FACILITATOR

Portugal Making sure your health comes first

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PORTUGAL AT A GLANCE

The Global Competitiveness Index 2014–2015 ranks Portugal at number 24 in the Health and primary education field with a score of 6.4 out of 7.

Additionally, Portugal has around 4 physicians/1000 inhabitants – a value well above the European average – trained by demanding Medical Schools, where just top students are allowed to attend.

Furthermore, in Portugal 30% of the population is fluent in English, 20% in French, 10% in Spanish. These percentages are considerably higher in the services sector and especially in the health care sector, where the bibliography is mainly accessible in English and French.

In line with the Portuguese hospitality, medical teams give the personal and human care patients need. They have the vocation and make the time for it.

Ranked number 8 out of 207 in KOF Index of Globalization Ranked number 18 out of 162 in the Global Peace Index by the Institute for Economics & Peace



3300 hours of sunshine Per year. One of the highest rates in Europe

Nearly 30%

of the entire population is fluent **in English** [considerably higher in the services sector]

437.000 ****

Foreign residents in Portugal [almost 5% of the population]

\$**385**

Physicians per 100.000 habitants [one of the highest % in Europe]

Nearly 36.000 hos [one

hospital beds available [one of the highest % in Europe

15 UNESCO World Heritage Sites

10 hotels included in the "leading hotels in the world" in 2013 Voted best country to visit in 2013 and 2014 by Condé Nast Traveller

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THE PORTUGUESE HEALTH CARE SYSTEM IS ROBUST AND RESPONSIVE

The Portuguese national health care system received international recognition by being placed at the prestigious 12th position in the world health care systems ranking by the WHO.

The quality of medical care in Portugal can be measured by many fundamental indicators:

- Medical training between 6 and 12 years (longer than in other countries) and with 2 years mandatory clinical practice;
- Health care results, such as mortality rate and life expectancy;
- The **external demand** of our professionals, namely nurses who are one of the most highly requested professionals by the British NHS due to the quality of their academic training, performance and ability to speak languages and care about others;
- The hospitals accredited by the Joint Commission International.

Country	Maternal mortality rate	Life expectancy at 65
Portugal	8	21.8 (W); 18.1 (M)
United Kingdom	12	21.2 (W); 18.6 (M)
USA	21	20.4 (W); 17.8 (M)



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THE QUALITY OF PORTUGUESE HEALTHCARE PROFESSIONALS

- > Internationally recognized physicians and researchers (Examples: Prof. Carlos Caldas, Prof. António Damásio, Prof. Fausto Pinto, Prof. João Lobo Antunes, Prof. João Espregueira Mendes)
- > Internationally recognized organizations (Examples: Champalimaud Foundation, Gulbenkian Institute of Science, Neuroscience and Biology Center, Molecular Medicine Institute)
- > International awarded researchers in Medicine (Examples: Bill and Melissa Gates Foundation Miguel Prudêncio, João Gonçalves; George Winter Career Award – Rui Reis; Seeds of Science – Miguel Seabra)



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PORTUGAL'S FIRST GLOBAL MEDICAL TOURISM FACILITATOR MAKING SURE YOUR HEALTH COMES FIRST

Our goal is to provide foreigners with adequate options for medical care, gathering Portugal's vast expertise in health care services, as well as the country's renowned hospitality, on behalf of the clients whilst paying attention to the details that assure their well-being.

Medical Port ensures:

- > Access to adequate, accurate and effective medical services in private providers in Portugal;
- > The coordination of the whole process and of all parties on behalf of the clients' interests;
- > An unique point of contact during the medical tourism experience;
- > A quick, smooth, transparent, and trouble-free process;
- > A safe and friendly environment that will accelerate the recovery;
- > A detailed medical tourism plan that addresses your needs, medical conditions and interests.

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RECOGNITION AND AWARDS

> Tourism, Hospitality and Leisure Enterprise of the year 2014

This award recognizes the company contributing the most for a strategic sector of the Portuguese economy, demonstrating a high potential for growth.

> MTA Medical Tourism Certified Specialist in the team



CLIENTS

Types > Insurance companies > Corporations > Individual clients Origins > Angola > Belgium > France > Kenya > Kuwait > Lebanon > Pakistan > Saudi Arabia > United Kingdom > U.S.A.

LOCAL REPRESENTATIONS

> Angola
> Middle East
> Mozambique
> Nigeria

> Sweden> The Netherlands> United Kingdom> U.S.A.



OUR PARTNERS MEDICAL CARE AND TOURISM

- > Network of JCI accredited private general hospitals in Lisbon, Oporto and the Algarve
- > Sports medicine centers in Lisbon and Oporto
- > Specialized physical therapy services in Lisbon
- > Network of psychology centers in Lisbon, Oporto and Algarve
- > Assisted living facilities
- > Tailor-made touristic programs operator

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PRODUCTS & SERVICES

Planned and customized medical tourism plans



General and specialized medical care services:

- > Consultations
- > Diagnostic exams
- > Non-surgical treatments
- > Surgeries
- > Integrated medical programs
- > Assessments and second opinions

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Highlighted medical care specialities

- > Check-up
- > Health prevention program
- > Obesity assessment program
- > Weight loss program
- > Orthopedics and physical rehabilitation

- > Sports medicine services
- > Plastic and cosmetic surgery
- > Medical Assisted Reproduction
- > General surgery
- > Psychological treatment

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Accommodation, travel and leisure

- > Culturally adapted accommodation for the client and the family
- > Traveling arrangements
- > Customized leisure activities, such as:
 - > river cruises
 - > private sailing journeys;
 - > landscape sightseeing;
 - > private dinners with celebrities;
 - > cultural events;
 - > customized meals;
 - > exclusive shopping.
- > Alternative activities for the accompanying persons



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All leisure activities are validated by medical doctors and adapted to the specific medical conditions of the client. Global Medical Tourism Facilitator

Customer Support - complementary health services

- > Preliminary assessment of the client's medical history by the medical team;
- > Pre-assessment remote consultation with the assisting physician;
- > Face-to-face consultation with the assisting physician before the treatment;
- > Face-to-face consultation with the assisting physician after the treatment;
- > Dressing changes and wound inspections in the case of surgical treatments;
- > Post procedure remote consultation with the assisting physician;
- > Medical discharge documents plus exams and medical reports in the language of the customer.

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Customer Support - Facilitation services

> Dedicated customer care specialist that escorts and assists the client at arrival and departure from Portugal and during all contacts with the health care provider;

> Personal driver for displacements to and from the health care provider;

- > Coordination and planning of the stay and health care;
- > Bookings of all services requested (medical, support services, and accommodation, traveling and leisure);
- > Digital and postal transfer of information between the customer and the healthcare provider; > Integrated process management;
- > Support for the visa issuance process in the local Portuguese embassy for certain countries;
- > Optional travel insurance package.

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